



CBT Nu'z



Adar-Nisan 5770, March 2010 * Congregation B'nai Torah, Olympia, Washington, U.S.A.

Passover is Just Around the Corner

It seems like just a few weeks ago we were lighting Hanukkah candles, getting ready for the secular new year, and contemplating the uncertainties of a Northwest winter. Now, we're looking at Pesach being just 4 weeks away. While we will not be having a community Seder, those wishing to attend a Seder should contact me and I will see whether any of our members has extra seats at their Seder table.

The issue of where to buy Kosher for Passover foods here in Olympia is a perennial question. The variety of Passover foods is limited, but many of the major food chains (QFC, Albertson's, Safeway, Top Foods, etc) do carry the standards (matzo, macaroons, matzo meal, soups, cakes, Passover wines, etc). Additionally, some of the supermarkets will accept orders for those Passover foods that may be available only at their Seattle or Mercer Island stores. This is especially true for meats, poultry, and frozen foods. We have some order forms at CBT. However, it should be recognized that Passover often requires a trip to Mercer Island, Bellevue, or Seattle (University Village QFC) to fully stock one's Passover larder.

Adult Jewish Education

Pursuant to actions of the CBT Board and the Ritual Committee, there is now a broad selection of Jewish education offerings. Two approaches are being emphasized. First, pursuant to our contract with Rabbi Maslan, he will provide six educational offerings during the course of the year. These sessions will be offered on the Sunday mornings of the weekends that he will be leading services. Rabbi Maslan led a discussion of about half of the 613 Mitzvot in February which was well received by the attendees. The second half will be discussed on Sunday, March 21st at 10:00.

Secondly, CBT will emphasize Jewish education at the Learners' Minyan, held the 4th Shabbat of the month. Led by CBT members, these discussions have probed various elements of religious observance and practice. They have enhanced our knowledge of Judaism and have been provided in a manner that allows attendees to participate at whatever level they're comfortable with. In future months we'll have discussions of the Shema, the Amidah, the Psalms, and understanding the Torah service. Members wishing to lead a discussion should contact Lowell Cordas.

Potable Water Update

I'd like to express my sincere appreciation to Lowell Cordas who has continued to work on a solution to our water problems. Lowell is looking at several alternatives, including bottled water, to address the problem. For the time being, we don't have a cost effective solution, so the water is still undrinkable.

Respectfully Submitted By:

Stan Finkelstein
CBT President

Olympia Sisterhood

Next Sisterhood meeting is scheduled for next Tuesday, March 2, 7:30 PM at the home of Myra Paull who lives in Gig Harbor.

WHO IS PLANNING TO ATTEND???

PLEASE E-MAIL DONNA DonnaLen@aol.com as soon as possible.

If the turnout looks reasonable, we can communicate about carpooling...if not, I think we'll cancel.

CONTACT INFO: Myra's contact information is phone 253-514-8194; 5426 138th St NW Gig Harbor WA, email at mjoycepaul@comcast.net.

Tea and Tsoras for March.

Our meeting time will remain 6:00 pm.

March 9:

Apollo's Pizza & Pasta
2010 Harrison Ave NW
Olympia
360-750-7444

Let me know if you have questions or comments.

Sue Cordas
slcordas@yahoo.com
360-456-7367

March CBT Yahrzeits

27 Adar ~ March 13: Malvina Roselle, mother of Dan Roselle

8 Nisan ~ March 23: Sidney Reba W Pozmantier, sister of Dorothy Levinson

13 Nisan ~ March 28: Herman Cubert, father of Burleigh Cubert

14 Nisan ~ March 29: Isadore Tubman, father of Paul Tubman

March CBT Birthdays & Anniversaries

6 Susan Matlow

8 Mike Ellen

25 Stan and Marjie Finkelstein Anniversary

28 Rebecca Ellen

31 Alan Corwin

DONATIONS

Jaron Matlow to pumphouse fund

Sharon and Larry Perrin in memory of Sharon's father, Harry Sahanow

Anonymous donor to the pumphouse fund

Edith Rutel and Arlene Kapner have donated a new food processor to CBT and Edith has donated a Kitchen Aid mixer that can be koshered.

Donations are always needed. Checks should be made out and mailed to:

Congregation B'nai Torah
CBT Treasurer, P.O. Box 11432
Olympia, WA 98508-1432

Current funds include:

Adult Education Fund, Building Fund, Pumphouse Fund, Kiddush Fund, Loan Fund,
Megillah Esther Fund, Memorial Book Fund, Morris Belling Leadership Fund,
Newsletter Fund, Prayer Book Fund, Youth Education

[If you make a donation please let the editors at CBTnuz@live.com know](mailto:CBTnuz@live.com)
so that we can make sure you are acknowledged promptly.

Chocolate Espresso Torte for Passover

- 1 cup butter or margarine
- 1 cup sugar + 1 Tbsp. sugar
- 1 cup espresso + 2 Tbsp. espresso **
- 16 oz. semisweet chocolate (large package)
- 6 eggs, plus
- 6 egg yolks
- confectioner's sugar (garnish)

NOTE: can use margarine if good quality ** : brewed espresso or very strong coffee

Preheat oven to 325~. Grease 9" springform pan. Place wax paper on bottom of pan. Grease and flour (use Passover cake meal to dust the pan); set aside.

Place butter, sugar and espresso in the top of a double boiler and heat until sugar dissolves. Pour hot liquid over chocolate and stir until dissolved; set aside. Beat eggs and yolks until frothy; add to the chocolate mixture and pour into pan.

Bake for 1 hour; edges should crack slightly. Remove from oven and cool; cover and refrigerate. Remove from pan and sprinkle with [confectioner's sugar](#) (must be kosher for passover)

IMPORTANT: this cake is rich and has no flour. It is almost as creamy as cheesecake. You should only serve tiny thin slices. When you remove this cake from the oven it looks like it is NOT set; and it isn't. It MUST go in the refrigerator at least for 12 hours; SO MAKE AHEAD OF TIME.

Penina W. Freedenberg, Rockville, MD – from KosherCooking.com

Eggplant Lasagna for Passover

- 1 Jar of Tomato Sauce
- 1 Eggplant
- 8 cloves of garlic
- 2 onions
- 5 mushrooms
- 8 oz. of grated mozzarella cheese
- 1/2 cup of parmesan cheese
- oregano, powdered garlic, hot pepper flakes and rosemary (dried)
- 5 pieces of Matzah

A food processor makes this very quick, but its not necessary

1. Cut up the eggplant into quarters and then slice very thinly, saute in oil until it reduces into mush.
2. Cut and chop the onions, mushrooms and garlic all together and saute in oil, sprinkle in the spices, about a 1/4 tsp. of each, and mix all the eggplant and onions all together.
3. Grate the cheese, and spray Pam into a small rectangular baking dish.
4. Pour some sauce into the dish and lay down some of the Matzah into the sauce, like noodles.
5. Spread on the sauteed veggies, sprinke on more spices, some parmesean cheese and more sauce.
6. Continue this until you use up your ingredients, ending with cheese on top. Bake at 350 for about 35-40 minutes, slice up and its like lasange.....very tasty.

*Cantor Gabrielle Clissold, Coral Gables, FL * From KosherCooking.com*

Salmon Pie

- 2 cans salmon (7 1/2 oz. each)
- 1/2 cup chopped celery
- 1/2 cup grated carrot
- 1/2 cup matzoh meal
- 1/3 cup finely chopped green pepper
- 1/3 cup finely chopped red pepper
- 1/4 cup oil (can be reduced slightly)
- 1 small onion finely chopped
- 1 egg
- 2 tbsp. lemon juice
- salt and pepper to taste

Flake salmon including juices into a mixing bowl. Add remaining ingredients combining thoroughly. Do not make it mushy. Spread evenly in an 8" pie plate. Cover with wax paper. Microwave at high for 8-10 minutes. Let stand for 5 minutes before serving.

For those who prefer, this can be baked in oven for 30 minutes at 350 degrees Fahrenheit. Let stand for 5 minutes before serving. *Rita Gross, Dollard-des-Ormeaux, Quebec, Canada *from KosherCooking.com*

JOIN US FOR OUR FAMILY CAMP



Join us for a Taste of Summer Camp For the Whole Family!

Date: Friday May 28th- Sunday May 30th (Memorial Weekend)

Place: Camp Solomon Schechter, Olympia WA

Cost: \$350/ family (US funds only)

Celebrate Shabbat with Rabbi Elana Zaiman and Camp Director Sam Perlin!

Take part in Schechter activities such as swimming, basketball, soccer and gaga....

All in a warm and enriching environment!

Meet new people and catch up with old friends.... this Memorial Weekend, Schechter is the place to be!

SPACES ARE FILLING UP FAST SO REGISTER TODAY!

Email: info@campschechter.org (206)-447-1967 Canada: (604) 288-7655

Summer Camp is filling up: register on line at: www.campschechter.org

Register for these events and more on Facebook: Become a fan of camp!

www.facebook.com/campschechter

MEN'S CAMP



APRIL 23-25, 2010

Calling all Alumni, Dads and Grandparents of Campers, All Other CSS supporters and well-wishers:

Be part of a FANTASTIC 3 day weekend for GUYS only! We guarantee a weekend of Fun, Great Food, Open Sports Bar, Fishing, Golf* Canoeing....Schmoozing, Networking and Friendship all in a relaxed and Casual Environment!

\$200/person (US Funds only)

Contact Sam Perlin, Director, for more details 206-715-2588 or director@campschechter.org

* **Note:** if you wish to participate in the golf portion of the weekend, registration for the golf event is due by April 6th for the men's camp.



Modern Passover Seder Songs

These songs have been gathered from far and near, and they should be enjoyed and sung either at the beginning or the end of the Seder. Feel free to insert them at a place that you and your Seder participants will enjoy and find meaningful.

There's No Seder Like our Seder

(sung to the tune of "There's no Business like Show business")

There's no seder like our seder,
There's no seder I know.
Everything about it is halachic
Nothing that the Torah won't allow.
Listen how we read the whole Haggadah
It's all in Hebrew
'Cause we know how.

There's no Seder like our seder,
We tell a tale that is swell:
Moses took the people out into the heat
They baked the matzah
While on their feet
Now isn't that a story
That just can't be beat?
Let's go on with the show!

Take Us Out of Egypt

(sung to the tune of "Take Me Out to the Ball Game")

Take us out of Egypt
Free us from slavery
Bake us some matzah in a haste
Don't worry 'bout flavor--
Give no thought to taste.
Oh it's rush, rush, rush, to the Red Sea
If we don't cross it's a shame
For it's ten plagues,
Down and you're out
At the Pesach history game.

All of the songs were found on USCJ.org

Elijah

(to the tune of "Maria")

Elijah!
I just saw the prophet Elijah.
And suddenly that name
Will never sound the same to me.
Elijah!
He came to our seder
Elijah!
He had his cup of wine,
But could not stay to dine
This year--
Elijah!
For your message all Jews are waiting:
That the time's come for peace
and not hating--
Elijah--
Next year we'll be waiting.
Elijah!

Our Passover Things

(To be sung to the tune of "My Favorite Things" from the "Sound of Music")

Cleaning and cooking and so many dishes
Out with the chametz, no pasta, no knishes
Fish that's gefilted, horseradish that stings
These are a few of our Passover things.

Matzah and karpas and chopped up charoset
Shankbones and kiddish and yiddish neuroses
Tante who kvetches and uncle who sings
These are a few of our Passover things.

Motzi and moror and trouble with Pharaohs
Famines and locusts and slaves with wheelbarrows
Matzah balls floating and eggshell that clings
These are a few of our Passover things.

When the plagues strike
When the lice bite
When we're feeling sad
We simply remember our Passover things
And then we don't feel so bad.



MARCH 2010 ~ ADAR-NISAN 5770



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Please submit your articles and information to: cbtnuz@live.com	1	2 Shushan Purim 7:30 pm Sisterhood Meeting hosted by Myra Paul	3	4 7:00 pm Men's Torah Study	5 2pm Shul Cleanup ⚪⚪ 5:44pm	6 9:30am Regular Service w/kosher dairy lunch
7	8	9 Tea & Tsofas 6:00 pm. <i>Apollo's Pizza & Pasta</i>	10	11 7:00 pm Men's Torah Study	12 2pm Shul Cleanup ~~~ 7:30 pm Evening Service ⚪⚪ 5:54 pm	13
14	15	16	17	18 7:00 pm Men's Torah Study	19 2pm Shul Cleanup ~~~ 7:30 pm Evening Service with Rabbi Maslan ⚪⚪ 7:04pm	20 9:30am Regular Service with Rabbi Maslan w/kosher dairy lunch
21 10:00 am Adult Education with Rabbi Maslan	22	23 CBT Nu'z Deadline	24	25 7:00 pm Men's Torah Study	26 2pm Shul Cleanup ⚪⚪ 7:14 pm	27 Shabbat HaGado 10:00 am Learner's Minyan w/Kosher Dairy Lunch
28 Search for Chametz Tonight	29 Erev Pesach ('Eve of Passover') - First Seder tonight	30 Passover - 1st Day (2nd Seder tonight)	31 Passover - 2nd Day	C	B	T

April Services: Apr. 3rd at 9:30 am, Apr. 10th at 9:30 am, Apr. 16th at 7:30 pm, Apr. 17th at 9:30 am, Apr. 24th at 10:00 am, April 30? at 7:30 pm?

Congregation B'nai Torah (CBT)

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Affiliated with the Conservative Movement

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Phone: (360) 943-7354

WEB site: <http://www.bnai-torah-olympia.org>

To be placed on our mailing list or to receive membership information, please contact Carolyn Cubert at (360) 459-3572

If you have Calendar details (or other newsletter info) please email cbtnuz@live.com

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