



# CBT Nu'z



Adar- Nisan 5769

Congregation B'nai Torah, Olympia, WA

March 2009

## Purim

Purim Celebration will be Monday, March 9, 2009. Please see pages 8 and 9 for information and a special recipe.

### *Board Meeting*

This month's board meeting will be held at 12:30 pm, Sunday, March 8<sup>th</sup>, 2009.

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## President's Message

Dear Members and Friends,

A few items of note for all of us to consider. The first meeting of the group working to develop a South Sound Jewish Community Bulletin Board has met. The minutes of that meeting are printed further in this edition of the NUZ. As the meeting went on, the Rabbi's present all realized that they too had never met in a forum like setting to discuss their issues. I hope this effort bears fruit and energizes the greater area into realizing how many wonderful ways there are to pray, learn, dance, laugh, eat and schmooze across the South Sound. And, to do so with each other in a variety of venues.

Opportunities continue to present themselves to our little group as well. In April we will have the pleasure of listening to Tammy Kaiser, a Seattle area Jewish educator, speak to us about some of the more playful aspects of G-d's creation; platypus, wombats, avocados and more. This will be in conjunction with our Spring dinner Sunday night April 26. See inside for more details, but please do put it on your calendar now.

Rabbi James M. Lebeau, Director of the Fuchsberg Institute, the Conservative Yeshiva in Jerusalem, is making a West Coast Tour in May. He will visit with us May 27 in the evening to talk about the program and to answer our questions about Fuchsberg, their educational opportunities for older foreign students (Bob Maslan and Carol went a few years ago) and to talk with us and answer questions about Israel. Again, mark you calendars now and more information can be found inside this newsletter.

Lowell Cordas

## February 15, 2009 Board Minutes

The Congregation B'nai Torah board meeting was called to order by President Lowell Cordas. Members present were Tobi Braverman, Larry Perrin, Sharon Perrin and Penny Wilson.

Minutes from the January meeting were accepted.

There was no public comment.

There was a discussion about the Beit Sefer program. The teachers are frustrated because there is little support from the parents. An e-mail will be sent to all parents requesting that they become more involved and try to have students attend each class. The Megillah reading will be on March 9 at 7 p.m. If things have not improved in terms of attendance by that time, Beit Sefer will only meet on the Sunday that Rabbi Maslan is in town.

### Treasurer's Report:

See attached. We are doing fine financially. There are no projected expenses. The building insurance is paid. Remediation for the oil tank has been paid.

### Old Business:

A rummage sale is tentatively scheduled for June or July and will include the unused desks.

Mel Kowal has volunteered to be the CBT web master. He has taken out old information and sent a mock-up to Lowell. The web site will include an "About Us" section; information on our physical location and directions; policies; service schedule; monthly calendar; up-coming events; archive of the CBT Nu'z; a link to USCJ; candle lighting times. Sharon will send him a thank you note.

Lowell discussed the meeting for the Community Bulletin Board that was held at Temple Beth El in Tacoma. It will focus on organizations of Jewish Southwest Washington.

On April 26 we will have a dinner and Tammy Kaiser will be the speaker. Her topic will be "The Platypus

and other small Miracles: Why did God make the Platypus?" Her discussion explores questions that are both fun and difficult to answer. Her fee is \$150.00. Lowell and Sue are working on the menu. There are sponsors for the wine and it is hoped that others will help sponsor the event. Cost for the evening will be \$25.00 per person.

The Ritual Committee has reviewed a new siddur.

Membership: Carolyn Cubert will take over as chair.

Revision of the By-laws and constitution has been completed. Copies will be sent to all members. Changes will reflect that we now own the building; there will be better non-profit management; difficulties in the past with regard to the question of being Jewish; role of the rabbi.

### New Business:

There was a review of the mailing list for copies of the CBT e-Nu'z. Members who do not have computers will receive hard copies. Deadline for the Nu'z will be the 15<sup>th</sup> of the month. CBT now has its own e-mail address "CBTNu'z@live.com".

Rabbi Lebeau will be our speaker on May 26.

The Annual meeting will be June 21.

The next board meeting will be March 8 at 12:30 p.m.

Respectfully submitted,

Sharon Perrin  
Recording Secretary

**Congregation B'nai Torah**

**3437 Libby Road**

**Olympia, Washington**

Affiliated with the Conservative Movement

Contact Information: **President: Lowell Cordas**

Phone: 456-7367

E-mail: [slcordas@yahoo.com](mailto:slcordas@yahoo.com)

**Rabbi Bob Maslan**

Office: 425-746-6629

Cell: 206-200-6629

[rgmaslan@hotmail.com](mailto:rgmaslan@hotmail.com)

Mailing Address: P.O. Box 11432  
Olympia, WA 98508-1432

Phone: (360) 943-7354

WEB site: <http://www.bnai-torah-olympia.org>

To be placed on our mailing list or to receive membership information, please contact Carolyn Cubert at 459-3572.

## **HAPPY BIRTHDAY TO:**

2 Jimmy Boldt

8 Mike Ellen

28 Rebecca Ellen

31 Alan Corwin

## **HAPPY ANNIVERSARY TO:**

25 Stan and Marjie Finkelstein

## **Important Announcements From your President**

Considering that most of us have email, the Board has chosen to move to an electronic distribution of our NUZ. If you do not have email, please let Lowell or Penny know that you require a hard copy. We will also continue to put hard copies on the entry table at CBT. We will begin e-distribution with our March edition.

Penny and David have volunteered to become our new editors. If you have items for the NUZ, please send them those items.

Sue and Lowell will be in Oregon during the following weekends in March:

Mar	7	Portland
Mar	14	Eugene

Hope to see you at our next Tea and Tsoras outing. I also hope that the weather will cooperate. Our meeting time is 6:00 pm.

March 10

Panera Bread  
1320 Marvin Rd NE, Suite E  
Lacey  
360-456-4069

Let me know if you have questions or comments.

Sue Cordas  
360-456-7367  
[slcordas@yahoo.com](mailto:slcordas@yahoo.com)

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## Support Our Soldier in Kuwait

They have moved Ric Engel again. He is still in Kuwait, but with a new address...

Richard Engel  
APO AE  
AP O, AE 09330

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### March Rabbi's Weekend:

Our next weekend with Rabbi Maslan is March 20, 21 and 22 with Friday evening services at 7:30pm, Shabbat morning services at 9:30am and, continuing our mini Jewish Film Festival, Havdalah and movies Saturday night beginning at 7:30pm.

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## Y A H R Z E I T S

Congregation B'nai Torah joins the following families in remembering loved ones on their *yahrzeit*. *Zechronim Lev'rochah*. A memorial candle should be lit after sundown on the evening before the date given.

5 Adar ~ March 1

***Robert Ellen***

Father of Mike Ellen

5 Adar ~ March 1

***Judith Auster***

Mother of John Auster

9 Adar ~ March 5

***Jennie Cordas***

Mother of Lowell Cordas

9 Adar ~ March 5

***Harry Sahanow***

Father of Sharon Perrin

11 Adar ~ March 7

***Sidney A. Kapner***

Father of Arlene Kapner

14 Adar ~ March 10

***Selma Cohn***

Grandmother of Alan Corwin

14 Adar ~ March 10

***Cecille Silver***

Mother of Mimi Silver

27 Adar ~ March 23

***Malvina Roselle***

Mother of Dan Roselle

4 Nisan ~ March 29

***Fannie Kossis***

Grandmother of Alan Corwin

D O N A T I O N S

Donations are always needed.  
Checks should be made out to  
Congregation B'nai Torah and sent to  
CBT Treasurer at  
P.O. Box 11432, Olympia, WA 98508-  
1432

## Kiddish fund

Stan and Marjie Finkelstein, to the in  
Memory of Miriam Finkelstein

## Compassion Fund

Mildred Parker

## Memorial Plaque

Larry and Sharon Perrin, in memory of Nate  
Zelman

## OLYMPIA SISTERHOOD MARCH MEETING

Please join us on Tuesday, March 17, 7:00  
p.m. At Temple Beth Hatfiloh, 208 8<sup>th</sup> Ave.  
SE, Olympia WA 98501 for a special  
showing of Part 1 of the PBS documentary  
*The Jewish Americans* (approx. 90 minutes).  
Bring some goodies to share, if you wish.

THE JEWISH AMERICANS is a 3 part  
documentary that explores 350 years of  
Jewish American history, from the first  
settlement in 1654 to the present. Focusing on  
the tension between identity and assimilation,  
it is about the struggle of a tiny minority who

make their way into the American mainstream  
while, at the same time, maintaining their own  
identity as Jews, struggling to hold fast to  
their faith and heritage while becoming part  
of the emerging nation. This evening we will  
be viewing Part 1: They Came to Stay/A  
World of Their Own, which examines the  
beginnings of Jews in America.

Written and directed by award-winning  
filmmaker David Grubin. Narrated by actor  
Liev Schreiber, this landmark series features  
Jewish Americans who have made significant  
contributions to American life, from Lewis D.  
Brandeis and Ruth Bader Ginsburg to Henry  
Morgenthau, Hank Greenberg, Betty Friedan,  
Molly Goldberg, Carl Reiner, Sid Caesar, and  
Tony Kushner. However this story is also  
about Jewish American tailors and  
shopkeepers, soldiers and bankers, peddlers  
and merchants, labor organizers and civil  
rights activists, all of whom also helped shape  
the American landscape.

## Jewish Community Bulletin Board First Meeting Minutes

1. Attending were Rabbi Kadden of Temple Beth El, Lisa Sobel, Pres. of Temple Beth El, Rabbi Heber of Chabad Pierce County, Rabbi Edelman of Chabad Olympia, Naomi Obie of Temple Hatfiloh Olympia and Lowell Cordas of Congregation Bnai Torah Olympia.
2. All agreed the idea is sound and needs development
3. Scope of region served: Should we cover from Federal Way south to Olympia or should we cover greater Southwest Washington as far as Vancouver? To be decided.
4. Name: to be decided once scope is determined.
5. Website:
  - a. Should be connected with the Seattle Federated Website. \*\*Lowell designated to contact them for website coordination.\*\*
  - b. May have links to other websites
  - c. Site to have both direct links to the individual organizations and synagogues as well as a linked index by category.
  - d. Categories suggested include: religious services, adult ed, youth ed, preschool, Hebrew schools, speakers, seniors, holidays, burial/Chevra Kadisha, social services, kosher food, chaplaincy and libraries.

e. Calendar: what should it contain? Should it be designed to assist all in planning events/picking dates? Should the same calendar be accessible to the public or can their needs be met by another calendar or category?

f. \*\*Rabbi Edelman will research the technical side of these questions.\*\*

### 6. Publicizing the website

a. Initial publicity should go to all participant organizations, synagogues, Chamber of Commerce Welcome Wagons, Yellow Pages Listings, other public websites, the JT, and the Jewish Family Washington.

b. A rack card for brochure racks should be developed.

7. Budget: no discussion was held regarding potential costs, but all commented that most things get done by volunteers.

### 8. HOMEWORK

For those of you who could not make it, we would like to put names with email addresses. Please reply to this list with your name, email, organization and the website for your organization, if it has one. Thank you

9. Next Meeting Date has not been determined. It was suggested that Jeff Slotnick of Setracon speak to us about synagogue security.

Respectfully submitted by,

Lowell Cordas

## Our Spring dinner

### **Who is Tammy Kaiser?**

#### Biography

Tammy Kaiser holds Master's degrees in Jewish Education from the Spertus Institute of Jewish Studies, and in Health Care Ethics from the University of Florida, attended Cornish College of the Arts Theater Conservatory and is a graduate of the University of Washington Writer's Program. Kaiser is the recipient of a Brandies University grant which enabled her to publish her curriculum, *Godwrestling*. She is a widely published author and public speaker. Kaiser has volunteered for the American Red Cross since 2000 and was awarded the Bess Kaufman Award in Holocaust Victims Tracing in 2004. She is a graduate of the Emergency Management Institute of the U.S. Department of Homeland Security and is a volunteer chaplain with the Seattle Police Department. She is a widely published author and public speaker, having made numerous presentations to public schools, universities, and synagogues throughout the Pacific Northwest. She has traveled extensively throughout Central and South America, and Eastern and Western Europe. Kaiser lives on Alki Beach in West Seattle with her three children and a Russian tortoise named Jane.

Date: 4-26-09 at 5:30 pm for hor d'ouvres, a Sunday night. Dinner at 6.

Cost: \$25.00 per person

Attire: Dress

Topic

**\*\*The Platypus and other small Miracles\*\***

Why did God make the Platypus? Explore a host of questions that are both fun and difficult to answer. By seeing the holy in every little miracle, including the platypus, we are more open to see the world as a series of small miracles and not huge mistakes.

Sponsors:

Wine: Cordas and Finkelstein

We will be seeking sponsors for Table Centerpieces, Hor d'ouvres and Paperware.

Theme: "A bissel Russian, a bissel Jewish"

Menu: to be served buffet style

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1st serving: Hor'douvres and wine upon entry

2<sup>nd</sup> serving: Borscht, Russian Carrot Slaw, Retach

3<sup>rd</sup> Serving: Herbed Fish or Eggplant Ratatouille variant

Potato Pastiche

4<sup>th</sup> Serving: Dessert, Coffee, and Tea

Ticket Sales: everyone needs to pitch to buy and sell tickets in to make this a success!

## **March Events at Chabad**

**Sundays 9:30 - 10:30 am**

Bavli and Bagels (Talmud class with breakfast)

**Mondays, 8:00 - 9:00 pm**

Lessons in Tanya (Chassidic philosophy)

**Tuesdays (beginning Feb. 10) 7:30 - 8:30 pm**

You Be the Judge part 2

"How does an ancient system of law adapt to the modern world? See how Talmudic scholars respond to new advances in technology and society while remaining faithful to eternal principles. You Be the Judge 2 presents six new cases that invite you to pit your wits against some of the best minds in Jewish history".

**Wednesdays, 8:00 - 9:00 pm**

Women's Torah Study Group

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**Our Speaker May 27, is Rabbi James M. Lebeau**

Director, United Synagogue Fuchsberg Center for  
Conservative Judaism  
Israel Representative, United Synagogue of  
Conservative Judaism (Assumed position, June  
1997)

Ordained, Jewish Theological Seminary of America  
1970

Honorary Doctor of Divinity 1996

1993-97 Rabbi, Jewish  
Community of Japan

Aliyah in 1985  
1985-1991 Coordinated Year in Israel for  
Rabbinical  
Students from Jewish Theological  
Seminary/Zeigler  
School at Machon Schechter and on staff of Saul  
Lieberman Institute for Talmudic Research

Rabbi, Temple Beth El, Lowell, MA  
1972-85

U.S. Navy Chaplain with Marine Corps, Camp  
Pendleton,  
CA 1970--72

**Publications**

Jewish Dietary Laws: Sanctify Life,

United Synagogue, New York, 1983

“Responding to Schindler’s List” Impact,  
Brandies University, 1994

“Our Obsession with the Holocaust”, Fall 1982  
Conservative Judaism

“Oral History Project”, United Synagogue, NY  
1976

“A Profile of a Southern Jewish Community:  
Waycross,  
Georgia”, American Jewish Historical Quarterly,  
1969

1979-1985 Chairman, Youth Commission of the  
United

Synagogue of Conservative Judaism

International President of United Synagogue Youth,  
1960

Raised in Beth El Congregation, Akron, OH

Graduate of

Case Western Reserve University in Cleveland, OH  
1964

***CHECK OUT OUR UPDATED WEBSITE***

The Board thanks Mel Kowal for pitching  
and reworking our website. We hope it is  
easier for you to navigate. Your suggestions,  
of course, are always appreciated

***PURIM AT CBT***

Purim is Monday evening March 9th at 7pm.  
We will read the Megillah, listen to our  
student orchestra and hear a lively debate as  
to which is better; the hamentashen or the  
latke. Your participation is encouraged in the  
debate. Personally I favor a 100% poppy seed  
hamentasch.

**NEW PERSONS AT THE HELM OF  
THE NUZ**

The Board of Trustees thanks Penny and  
David for stepping up and taking over the  
editorship and publication of our NUZ. Please  
submit announcements and other copy by the  
15th of the month. E-mail your submission to  
[CBTNUZ@live.com](mailto:CBTNUZ@live.com).

## Hamantaschen Fillings

You already have the recipe for the cookies, so to put some variety into Purim, here are a few different fillings to try.

*"Here, I've got poppy, prune, raspberry, blueberry/cheese, almond, apricot & pecan/caramel. For the kids at home, I've left some almond, pecan/caramel, chocolate using nutella, and raspberry for the one kid that eats fruit."* - From JFLinLA (blog post)

### ***Prune-Apricot Filling***

*adapted from Maida Heatter's Book of Great Cookies. It makes about 30.*

Cut in small pieces

170 grams dried pitted (see Note, below) prunes.

85 grams unsweetened dried apricots

Put in a pot with

1/2 cup water

Bring to a boil, lower the heat, and simmer, covered, 10 to 15 minutes, until very soft. Add more water if it gets dry.

Add, cook, stirring almost constantly 5 minutes

1/2 tablespoon lemon juice

1/4 cup honey

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### **Savory Cheese and Vegetable Hamantaschen FILLING**

Recipe from the New York Sun

2 tablespoons chopped garlic

1 cup sliced onions

½ cup red bell peppers, diced medium

½ cup green bell peppers, diced medium

2 small zucchini, diced medium

½ cup pitted olives

1/3 cup fresh herbs

2 eggs

½ cup pot cheese

½ cup farmer's cheese

½ cup grated Havarti cheese

salt

pepper  
olive oil

1. In a large sauté pan, add the olive oil, garlic, onions, peppers, and zucchini. Sauté until onions are translucent.
2. Add salt, pepper, olives and fresh herbs. Stir well. Remove from the fire.
3. Place in a large bowl and fold in the eggs and cheeses. Adjust seasonings. Set aside to cool.

Filling can be pre-made poppy seed filling, mincemeat or other pie fillings, thick fruity jams and marmalades or this traditional filling

2 cups pitted prunes  
1 cup raisins  
3/4 cup of walnuts  
2 tsp grated lemon rind  
1/4 cup lemon juice  
2 TBSP sugar  
1 egg lightly beaten

In a food processor or hand chopper, finely chop together prunes, raisins, walnuts, lemon rind and juice and sugar.

**For the upcoming months please send us your favorite recipes.**

# March 2009 ~ Adar / Nisan 5769

Sun	Mon	Tues	Wed	Thu	Fri	Sat
<b>1</b> 9:00 – 12:00 Religious School	<b>2</b>	<b>3</b>	<b>4</b> 4:30 - 6:00 Religious School	<b>5</b> 7:00pm Men's Torah Study	<b>6</b> 2pm Shul Cleanup  🕒 5:45 pm	<b>7</b> 9:30am Regular Service w/kosher dairy lunch
<b>8</b> 9:00 – 12:00 Religious School ~~~~ 12:30 Board Meeting	<b>9</b> School Program and Megillah Reading 7 pm	<b>10</b> Purim	<b>11</b> 4:30 - 6:00 Religious School ~~~~ 2:30pm Torah & Stitches  Shushan Purim	<b>12</b> 7:00pm Men's Torah Study	<b>13</b> 2pm Shul Cleanup ~~~~ 7:30pm Evening Service 🕒 6:55 pm	<b>14</b>
<b>15</b> 9:00 – 12:00 Religious School	<b>16</b> <div style="border: 1px solid black; padding: 5px; text-align: center;"><b>CBT Nu'z Dead- line</b></div>	<b>17</b>	<b>18</b> 4:30 - 6:00 Religious School	<b>19</b> 7:00pm Men's Torah Study	<b>20</b> 2pm Shul Cleanup ~~~~ 7:30pm Evening Service with Rabbi Maslan 🕒 7:05 pm	<b>21</b> 9:30am Regular Service with Rabbi Maslan w/kosher dairy lunch ~~~~ 7:30pm Havdalah and Movies
<b>22</b> 9:00 – 12:00 Religious School ~~~~ 12:30pm Torah & Stitches	<b>23</b>	<b>24</b>	<b>25</b> 4:30 - 6:00 Religious School  Adar 29	<b>26</b> 7:00pm Men's Torah Study  Nisan 1	<b>27</b> 2pm Shul Cleanup  🕒 7:15 pm	<b>28</b> 10:00am Shabbat Kal w/Kosher Dairy Lunch
<b>29</b> 9:00 – 12:00 Religious School	<b>30</b>	<b>31</b>	<b>C</b>	<b>B</b>	<b>T</b>	<u>April Services:</u>  Regular Services April 3, 17 Evening Service April 10 Shabbat Kal April 24

Please submit your articles and information!

There is always room for more, and this newsletter is for  
*all* of us.

Jewish Humor  
UW News  
**USCJ News**

Possibilities for this page:

Penny Wilson and David Pierik, Editors. Please submit your articles for the March Nu'z by March 16th (or earlier) to Penny and David at: [cbtnuz@live.com](mailto:cbtnuz@live.com)

ALL EVENTS SCHEDULED AT CBT UNLESS OTHERWISE NOTED

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